

Frog Falls Swim Lesson Schedule Session 1: June 16 – June 25

Swim Tests: June 12 & 13 1600-1800 (Military Only) June 13 & 14 1600-1800 (All Members)



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----------------------------------|-----------------------------------|-----------------------------------|-------------|--|
| 14 | 15 | 16 | 17 | 18 | 29 | 20 NEW |
| | | 1600: Preschool <S | 1600: Preschool & LTS | 1600: Preschool & LTS | | Water Babies |
| | | 16:30 Beginner & Adv. Beginner | 16:30: Beginner & Adv. Beginner | 16:30: Beginner & Adv. Beginner | Make Up Day | 10:00 10:30 10 months -16 months |
| | | 1700:Adv. Beginner & Intermediate | 1700:Adv. Beginner & Intermediate | 1700:Adv. Beginner & Intermediate | | 10:30 11-00 5months - 9 months Class 1 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 NEW |
| | | 1600: Preschool & LTS | 1600: Preschool & LTS | 1600: Preschool & LTS | | Water Babies |
| | | 16:30: Beginner & Adv. Beginner | 16:30: Beginner & Adv. Beginner | 16:30: Beginner & Adv. Beginner | Make Up Day | 10:00 10:30 10 months -16 months |
| | | 1700:Adv. Beginner & Intermediate | 1700:Adv. Beginner & Intermediate | 1700:Adv. Beginner & Intermediate | | 10:30 11-00 5months - 9 months Class 2 |
| | | | | | | |



Frog Falls Swim Lesson Schedule Session 2: June 30st—July 9th

Swim Tests: June 26 & 27 1600-1800 (Military Only) June 27 & 28 1600-1800 (All Members)



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|---|---|---|-------------|---|
| 28 | 29 | 30 | 1 | 2 | 3 | 4 |
| | | 1500: Preschool 1530: Beginner 16:00: :Adv. Beginner & Intermediate 16:30: Preschool & Beginner 1700:Intermediate & Stroke Development 1730:Beginner & Intermediate | 1500: Preschool 1530: Beginner 16:00: :Adv. Beginner & Intermediate 16:30: Preschool & Beginner 1700:Intermediate & Stroke Development 1730:Beginner & Intermediate | 1500: Preschool 1530: Beginner 16:00: :Adv. Beginner & Intermediate 16:30: Preschool & Beginner 1700:Intermediate & Stroke Development 1730:Beginner & Intermediate | Make Up Day | NEW Water Babies 10:00 10:30 10 months -16 months 10:30 11-00 5months - 9 months Class 3 |
| 5 | 6 | 7 1500: Preschool 1530: Beginner 16:00: :Adv. Beginner & Intermediate 16:30: Preschool & Beginner 1700:Intermediate & Stroke Development 1730:Beginner & Intermediate | 8 1500: Preschool 1530: Beginner 16:00: :Adv. Beginner & Intermediate 16:30: Preschool & Beginner 1700:Intermediate & Stroke Development 1730:Beginner & Intermediate | 9 1500: Preschool 1530: Beginner 16:00: :Adv. Beginner & Intermediate 16:30: Preschool & Beginner 1700:Intermediate & Stroke Development 1730:Beginner & Intermediate | Make Up Day | NEW Water Babies 10:00 10:30 10 months -16 months 10:30 11-00 5months - 9 months Class 4 Last Class |
| | | Intermediate | Intermediate | Intermediate | | |



Frog Falls Swim Lesson Schedule Session 3: July 14th—July 23th

Swim Tests: July 10 & 11 1600-1800 (Military Only) July 11 & 12 1600-1800 (All Members)



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|--|--|--|-----------------|-----|
| 12 | 13 | 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate | 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate | 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate | 17 Make Up Day | 18 |
| 19 | 20 | 1730:Adult 21 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate 1730:Adult | 1730:Adult 22 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate 1730:Adult | 1730:Adult 23 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate 1730:Adult | 24 Make Up Day | 25 |



Frog Falls Swim Lesson Schedule Session 4: July 28th—August 6th

Swim Tests: July 24 & 25 1600-1800 (Military Only) July 25 & 26 1600-1800 (All Members)



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|--|--|--|-----------------|--|
| 26 | 27 | 28 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate 1730:Adult | 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate 1730:Adult | 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate 1730:Adult | 31 Make Up Day | NEW Water Babies 10:00 10:30 10 months -16 months 10:30 11-00 5months - 9 months Class 1 |
| 2 | 3 | 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate 1730:Adult | 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate 1730:Adult | 1200: Preschool & Adv. Beginner 1230: Beginner & Stroke Development 1300: Beginner & Intermediate 1330: Adv. Beginner & Stroke Development 1530: Preschool & Beginner 16:00: Beginner & Intermediate 16:30: Stroke Development & Stroke Proficiency 1700:Advanced Beginner & Intermediate 1730:Adult | 7 Make Up Day | NEW Water Babies 10:00 10:30 10 months -16 months 10:30 11-00 5months - 9 months Class 2 |